

At the Table WITH Henry Schein



RECIPE SHOPPING LIST



VIRTUAL
THRIVE **LIVE**
LAUGH, LUNCH & LEARN

Grand 'Schein'wich & Hobbs Salad

Follow along with Fabio to create your very own sandwich & salad during the lunch session of ThriveLIVE!

Here's what you will need:



Grand 'Schein'wich Ingredients

4 Hawaiian Bread Rolls
6oz Paper Thin Sliced Ham (or any sliced meat you prefer)
6oz Burrata Cheese
3oz Mayo
3oz Arugula
1oz Sriracha
1oz Parmesan Cheese
1oz Olive Oil



Hobbs Salad

6 Cups Arugula
2 Lemons, halved
1/3 Cup Shaved Parmesan
1 tsp Olive Oil
Sea Salt & Cracked Pepper
2oz Mozzarella
2oz Cherry Tomatoes
2oz Diced Ham (optional)